

To help you in this exercise, here is a *partial* list of the main theorists and concepts from the psychodynamic model. In the Main Concepts section of your paper, you will need to include **ONE** concept from this model to include.

Freud:

- The basic Instincts—sex and aggression
- Psychosexual development
- Id-Ego-Superego
- Conscious –preconscious –unconscious
- Defense Mechanisms

Jung:

- Individuation
- Collective Unconscious--Archetypes
- Synchronicity
- Introversion and extroversion

Adler:

- Birth order
- Feelings of Inferiority
- Goal directed behavior

Winnicott:

- Object relations
- Good enough mother

Erikson:

- Psychosocial development—the Epigenetic Principle
- Identity Development

Kohut:

- Narcissism

Malan:

- Triangle of conflict