

Rubric Guide

A rubric is a chart that lists the criteria that you will observe. It is divided into sections that indicate the level in which each criteria of the skill was completed. Visit [RubiStar](http://rubistar.4teachers.org/index.php) (<http://rubistar.4teachers.org/index.php>) for assistance in creating a rubric.

In a rubric each section is defined and explained. For each criteria offer an explanation of what an advanced learner would look like, as well as, the sections for above average, average and needs improvement.

****Words that can be used in each section:**

Advanced: always, excellent, all times, exceptional, thorough, comprehensive

Above Average: acceptable, most times, frequently, often, good

Average: some times, not too frequently, seldom, not often, occasionally

Needs improvement: not, rarely, infrequently, irregular, random

Example: (This is an example provided by [RubiStar](http://rubistar.4teachers.org/index.php).)

CATEGORY	Advanced	Above Average	Average	Needs Improvement
Balance	Balance is sustained with a wide-body stance.	Balance is maintained with a body stance that is acceptable.	Balance is present, but staggered.	Balance is choppy and not sustained throughout the process.
Hand Stays on Top of Ball	Primary dominant hand positioned to keep control of ball.	Dribbling hand on top of ball with allowance to switch hands during movement.	Dominant hand strays away from top of ball with ball being pushed away at times.	Dominant hand is not being used as individual is using both hands at the same time.
Ball Returns to Waist High Level	Ball is excellently controlled with return to waist high level.	Downward push of ball is great to allow the return to be waist high most of the time.	Ball returns to waist high level when dribbled, but not too frequently.	Ball is not controlled and power of the downward push is not adequate.
Knees Slightly Bent and on Balls of Feet	Student stay on balls of feet with knees bent slightly to keep balance at all times.	Knees are bent slightly most of the time and balance is good.	Knees are bent at times, but there are signs of standing up straight at times.	Knees are rarely bent which results in frequent loss of balance and no signs of staying on balls of feet which prohibits good movement.